



InSpirit

Newsletter of the *National Spiritual Science Center* Spring 2007

A CENTER OF LIGHT, LOVE AND LEARNING!

IN THE FLOW WITH GOD

Rev. Marvelle MacIntyre Hall

***"The Lord is my shepherd,
I shall not want."***

This statement is the essence of our relationship with God. Now if you heard this with your ego ears and thought about it with your ego mind, you probably are saying, "I'm not a sheep, I have a mind of my own. Nobody tells me what to do, I choose to be a leader and not a follower! What the heck is she talking about."

But, if you heard this with your God ears and perceived it through your God mind, then this is what you know:

"There is nothing in this life that I cannot have, God is my source, all of my material and spiritual needs are met; I am protected always by the God of the Universe, who is with me always, I am guided and loved by an awesome God."

We know that God moves in and through us, as us, and that everything is an expression of God. As we come to

know this truth, then we are in the flow, that is, in the Presence of God wherever we are and in whatever we are experiencing.

Seeing through God's Eyes

Wow, what a difference! Many things we look at first with our ego eyes, the eyes of the material world, rather than our God eyes. But once we look at things with our God eyes, there is a transformation that occurs in our consciousness.

Students of truth know that life is consciousness. We know this, because the journey that we are on has revealed this truth to us. When we look at the world through our ego eyes, we see fear, pain, disease, disharmony, anger, limitation and hate. But, when we look at the world through our God eyes, we see peace, love, light, life, wisdom, harmony, joy, wholeness and completeness in everything and in everyone.

A Greater Consciousness

And if life is consciousness, then this consciousness exists all around us

all the time. It is within this consciousness that we live and have our being. The greater consciousness is the God Mind that exists all the time and everywhere. (Continued on p. 4)

*The NSSC Board of Directors
requests your presence
at the*

*2007 Graduation and Ordination
Ceremonies for the
School of Spiritual Science*

*Sunday, June 10, 2007
3:00 pm*

*National Spiritual Science Center
1325 Fern Street, N.W.
Washington, D.C.*

[See page 5 for more details]

NSSC and SANCTA SOPHIA SEMINARY JOIN FORCES FOR GRADUATE PROGRAM

NSSC ministers and graduates may now present their four-year Ordination or Academician Certificates in place of the required undergraduate "Foundations Program" to enter Sancta Sophia Seminary's Master's or Doctoral programs. In the past, a number of NSSC graduates have completed both undergraduate and graduate level studies at Sancta Sophia.

Explore the graduate programs offered at Sancta Sophia Seminary at www.sanctasophia.org.

Rev. Carol E. Parrish-Harra, Ph.D., Dean of Sancta Sophia Seminary approached NSSC's Board in January, 2007 to establish "a relationship that would recognize the quality work done by both our organizations." Her offer was accepted in March.

Sancta Sophia Seminary offers a spiritual education combining directed home study, on-campus classes, meditation techniques, and practicums. Each student is assigned a personal advisor to guide in designing and

implementing a course of studies adapted to his or her particular interests and goals.

Graduate School students are required to visit the campus in Oklahoma for one week, approximately three times a year. They offer affordable student housing at \$20 per night. Group rooms have kitchenettes. Lunches and dinners are available in the dining hall and there is housing for persons who need to prepare their own meals. (Continued on p. 2)

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NSSC & Sancta Sophia

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Graduate Degree Background

Established in 1978, Sancta Sophia Seminary is open to those seeking personal growth or a variety of certifications. About twenty years ago many churches, hospitals and hospices and other non-profit organizations began requiring ministers and chaplains to have a minimum of a master's degree, so in 1990 Sancta Sophia developed and formalized their graduate program in response to this need.

The Seminary's degree programs are accredited by the **Accrediting Commission International (ACI) for Schools, Colleges, and Theological Seminaries, Inc.** ACI is the world's largest non-government school accrediting association, certifying over 317 schools in 39 states and in nine other countries. They specialize in School and Teacher Certifications for Seminaries, Bible Colleges, and small specialized schools. ACI is not part of the Council for Higher Education Accreditation (CHEA).

Rev. Carol Parrish-Harra

Rev. Carol Parrish-Harra has authored eleven books, four of which are used at the NSSC School of Spiritual Science, plus numerous teaching CD's and tapes. She has lectured and led workshops throughout the U.S., in Brazil, Canada, Peru, Tibet, China, Israel, Korea, Japan, India, Russia, the

former USSR, Mongolia, United Kingdom, the former Yugoslavia, and Turkey. At the 2000 Universal Project Symposium of the Mevlana Supreme Foundation held in Turkey, Rev. Carol addressed a Muslim audience of 1,400. And in 1995, she was a major presenter at the Solar Initiation Ceremonies in Mexico and a guest of Hunbatz Men, wisdom keeper of the Maya.

Rev. Carol is president of the **Light of Christ Community Church**, and **academic dean** of Sancta Sophia Seminary. In 1981, she, her husband Charles, several students and colleagues established the "*spiritual-intentional*" community of **Sparrow Hawk Village** in the foothills of the Ozarks near Tahlequah, Oklahoma. Both the church and Seminary are located on Sparrow Hawk Mountain. Sparrow Hawk Village is open to members of all faiths. While most are Christian, many villagers are from a variety of Western and Eastern religions. Residents are involved in the healing arts, counseling, music, dowsing, aura photography, teaching, meditation, spiritual dance, and esoteric studies. The mountain is known for its energy and vortexes that

accelerate personal and interpersonal evolution.

Four Master's Degree Programs

Each master's program is composed of three trimesters of core curriculum: Christian Theology, Technologies for Spiritual Emergence, and Convergence of Science & Spirituality. An oral presentation and written thesis are required.

Master of Divinity - academic and practicum program which deepens and broadens the practice of ministry, counseling, and teaching. Degree requires an appropriate level of competence in the inner and outer life of a minister or spiritual science teacher with additional emphasis on sacramental and congregational activities.

Master of Theology - advanced study of Christianity from a uniquely mystical and esoteric perspective. Degree is directed toward research and pursuit of academic scholarship rather than working with people in a church or spiritual group setting.

Master of Arts in Holistic Wellness - advanced preparation for ministering to the physical, mental and spiritual well-being of others. Focus is on preparation in developing and operating a private practice with emphasis on assisting others to experience new levels of wellness in body, mind, and spirit.

Master of Arts in Spirituality - Focus is on a deepened spiritual life through studies and practices in the process of Christ-Consciousness. Emphasis is on esoteric, mystical, and metaphysical studies as the foundational pathways for spiritual awakening within.

Five Doctor's Degree Programs

All Sancta Sophia doctoral degrees require a prerequisite of a Master's degree. Doctoral programs are composed of six trimesters of core curriculum: two each of Christian Theology, Technologies of Spirituality, and Convergence of Science and Spirituality. Three more trimesters complete the work of dissertation instruction and writing. A project and oral presentation are required. (Continued on p. 5)

[NSSC FUNDRAISER]

WHOLE - ISTIC LIVING FAIR

Saturday, June 23, 2007

11:00 am - 5:00 pm

at **Seekers Church**, 276 Carroll St, NW
(Across from Takoma Park Metro Station)

FUN! READINGS!

Psychic, Tarot and Shustah cards

Relaxing Chair Massages

Reiki & Energy Healing

GEMSTONE JEWELRY,

Unique Gifts

Singing Crystal Bowls, Incense,
Pendulums, Crystal balls, Magick wands,
Gemstone bookends, candle holders,
uncut and polished gemstone rocks

at great prices ... **and more!**

ADMISSION \$5.00 (under 18 Free)

CREATING BALANCE, FLOW, AND CHANGE

Rev. George Quillet

In the New Testament, the First Epistle of John, Chapter 2, verse 19, it is written: *“They went out from us, but they did not belong to us. For if they had belonged to us, they would have remained with us; but their going showed that none of them belonged to us.”*

Yes, this statement is very true. For if those people had been OF us, no doubt they would have continued WITH us. Understand, there are people in your life who can, do, and should walk away from you ... and you from them. **Hear me when I say this!**

When people can walk away from you: *Let them walk!* Don't try to talk another person into staying with you, loving you, calling you, caring about you, coming to see you, or staying attached to you. When people can walk away from you, let them walk. Your destiny is never tied to anyone who has left you. **This is a key to having Balance in your life.**

Stop Trying to Raise the Dead

People leave you because they are not joined to you. And when they are not joined to you, you cannot make them stay. Letting them go, doesn't mean they are bad or mean individuals in any way, it just means that their part in your life story is over.

You have got to know when a person's part in your life story is over, so that you don't keep trying to raise the dead. You have got to know when a relationship is dead. You have got to realize and recognize when it's over and understand that the experience of *Good-bye* can be a gift for you.

This is a key to affecting Change!

Seasons and Reasons

We are told over and over again, that people come into our lives for a reason, for a season, or for a lifetime. Perhaps they are with us to teach us a lesson, such as patience, or forgiveness, or to bring us joy for a period of time.

IF

by Rudyard Kipling

“IF you can keep your head when all about you are losing theirs and blaming it on you; if you can trust yourself when all people doubt you, but make allowances for their doubting too;

IF you can wait but not be tired by waiting, Or, being lied about, don't deal in lies, or being hated, don't give way to hating, And yet don't look too good, nor talk too wise;

IF you can dream--and not make dreams your master, if you can think – and not make thoughts your aim, if you can meet with Triumph and Disaster and treat those two imposters just the same;

IF you can bear to hear the truth you've spoken twisted by knaves to make a trap for fools, or watch the things you gave your life to, broken, and stoop and build them up with worn-out tools;

IF you can make one heap of all your winnings and risk it on one turn of pitch-and-toss, and lose, and start again at your beginnings, and never breathe a word about your loss;

IF you can force your heart and nerve and sinew to serve your turn long after they are gone, and so hold on when there is nothing in you except the Will which says to them: “HOLD ON!”

IF you can talk with crowds and keep your virtue, or walk with Kings--nor lose the common touch, if neither foes nor living friends can hurt you, if all people count with you, but none too much;

IF you can fill the unforgiving minute with sixty seconds' worth of distance run;

Yours is the Earth and everything that's in it,

and – which is more – you'll be a Man, my son!” (... and my daughter, you will be a Woman!)

Perhaps their presence is to bring us comfort when we most need it, or to inspire us to a higher level of creativity. We may never truly know.

Let me tell you something. I have recently experienced the GIFT of

Goodbye; and being able to *Let Go*. For me, it was a spiritual gift. It's not that I'm hateful; it's that I'm faithful and I know that whatever is meant for me will be manifested by me, and through me, by the I AM power, that IS me.

And friends, if it takes too much sweat, too much effort, to achieve or to keep something, then we don't need it!

This is a key to creating Flow in your life.

Let it Go!

Stop begging people to stay or situations to remain the same. If you are holding on to something that does not belong to you, or to someone whom you realize was never intended to be with you for more than a *reason or a season*, and not for the rest of your life, then you need to... *Let it go!*

If you are holding on to past hurts and pains because someone cannot treat you right, or love you back, and see your true worth... *Let it go!*

If someone has angered you or you are holding on to thoughts of evil and revenge... *Let it go!*

If you are involved in a wrong relationship, or with an addiction that is taking over your life... *Let it go!*

If you are holding on to a job that no longer meets your needs ... *Let it go!*

If you have a bad attitude and keep judging others just to make yourself feel better... *Let it go!*

If you are feeling depressed and stressed, or stuck in the past instead of living in the present... *Let it go!*

If you are struggling with the healing of a broken relationship or you keep trying to help others who won't try to help themselves... *Let it go!*

If there is a particular situation you are used to handling yourself, and your intuition, your guidance from SPIRIT is telling you to take your hands off of it, then you need to... *Let it go!*

**Let the past be the past ...
get right or get left ...**

think about it, then ... Let It Go!

(Continued on p. 6)

IN THE FLOW WITH GOD

(Continued from page 1)

H. Emilie Cady, born in 1848, was a student of New Thought, a true holistic pioneer, and a homeopathic physician. In her book, *Lessons in Truth*, she says,

“God is Spirit, or the creative energy that is the cause of all visible things. God as Spirit is the invisible life and intelligence underlying all physical things.

God is spirit, God is love, God is wisdom and intelligence, God is power, God is the substance or the real thing standing under every visible form of life, love, intelligence or power ... God is the name we give to that unchangeable, inexorable principle at the source of all existence.”

God is and Man stands forth out of God. Therefore, God is within and without. Since God is within and is spirit, love, wisdom, intelligence, and power, then so are we. Being all that God is, then there is no thing that does not look like God. Thus, the flow we experience is that God consciousness. We are always in the presence of pure Being and immersed in the Holy Spirit of life, love and wisdom.

To be in the flow is to consciously practice being in the Presence. It is like the ocean. Within the ocean there are currents that expedite and facilitate travel. Of course, at first blush the fish are primarily the ones who benefit. But when you think about it and look closer, those same currents assist mariners, fishermen, and sailing enthusiasts. Ask them! They’ll tell you it’s easier to go with the flow of the current than to go against it. The same holds true for us “in the flow.”

Forgetting Your Source

You know those times when life is going smoothly, everything is good. Your relationship is feeling good, your significant other is doing everything you want them to, there is money in the bank, you’ve got a good job, a beautiful house, and good friends. You’re feeling

good, complete and happy. Then something happens, and a challenge comes along. You begin to panic, feel overwhelmed, threatened, maybe even depressed, or totally alone.

You are looking at the challenge with your human or ego eyes. You begin to believe that the outer circumstances are your truth. You might begin to think God has deserted you, that you are being punished or that you are not worthy of God’s blessings.

Then you start to take action based on those feelings or circumstances. If it is a broken relationship, you may try to convince yourself that the reason for the break is because there is something lacking in you or in the other person. If it is a job challenge, you may want to believe that it was too good to be true and you were not worthy.

Gratitude is heaven itself.

– William Blake

Whenever things are going well, we sometimes forget to stay connected with our indwelling Christ. We forget that God is our one and only source. In the midst of these life challenges, instead of taking time to go within, of practicing the Presence, instead of knowing that everything you need has already been provided, that the Lord is your Shepherd, that you are the very life of God expressing as you -- you doubt your connection to God, you forget that you are the essence of God, you forget that your birthright in the Kingdom of Heaven is unlimited good.

Re-connection

Then in your search to re-connect with the flow, you begin the conscious journey towards your spiritual development. You read books, take classes, learn the buzz words, join metaphysical groups. But once again, these are the outward demonstrations that you believe will put you in the flow. You are seeking the place where you can unite with God and realize there is

still something that is missing. What is true for most of us is that it isn’t easy giving birth to our spiritual potential.

As Marianne Williamson said in *The Gift of Change*:

“Spiritual labor can be very arduous – one holy instant at a time when we give it up, surrender, soften, don’t care if we’re right, forego our impatience, detach from the opinions and prizes of the world and rest in the arms of God.”

When this occurs we begin to feel more comfortable within ourselves, less controlled by the material world and thoughts of negativity, limitation and fear. As we release these old habits from the material world, we experience freedom from destructive thoughts and thinking.

We come to know that the only way we will have whole lives is if we dwell within the wholeness of our true selves. We are whole when we are one with God.

Embracing Spirit

Some of us come to know that when we begin to live the Greater Life – not “seeking” it, so much as simply choosing to participate in it – then and only then do we find that it’s all around us, all the time.

Then we are reminded that God is everywhere present; that wherever we go, God is there. We come to know the Truth – that God is within; that the Kingdom of Heaven is here and now; that we are the very expression of God.

As we come more into this greater consciousness, we know that there is a place where we can connect and stay connected. Through prayer and meditation, we can communicate with God and listen to God. There in the secret place of the most high, we can experience “*the peace that passeth all understanding*” and hear the still small voice of God.

It is the God presence within each one of us that puts us in the flow - that point of surrender, of releasing and letting go and letting God. (Cont. on p. 6)

I Used To Be

I used to be a romantic
my heart was on my sleeve
used to be a romantic
heart bled when each would leave

My sight became blinded
Emotions out of control
Slights, evasions - every little issue
Eventually took its toll.

Bright colors of my aura
Soiled and muddied
became dark hues
Meridians clogged and sullied
Imbalances and confusion ensued

Then I stepped into the NSSC
temple and entered the
temple of the self

I died
Released my mind and heart
And put "RLD,III" on the shelf

I am now in process
Of becoming an "I Be"
Shifting from being romantic
Learning the "I AM"
is me.

— Robert L. Davis, III, 3/22/07

[From the April 15, 2007 NSSC
Student Service.]

2007 NSSC Ordination and Graduation

(Invitation on page 1)

Ordination and Graduation from the NSSC School of Spiritual Science will take place on June 10, 2007 at 3:00 pm at NSSC's home location (1325 Fern Street, N.W., Washington, DC).

Nine students from the School will be honored, including two new ministers. They are:

First Year: Mr. Robert Davis;
Second Year: Mr. Lloyd Bailey, Ms. Renada Eldridge, Ms. Adrienne Jones; Third Year: Ms. Misumbo

Byrd, Ms. Felecia Carter, Ms. Yvonne Roberts; Fourth Year Ministerial Candidates: Mr. William Bryant, Ms. Carolyn Guzman

Graduation Address

Reverend Doctor Jeffrey Proctor, pastor of the Greater Baltimore Church of Religious Science is the keynote speaker. A noted inspirational lecturer, Rev. Jeffrey is known for his wonderful sense of humor, and his deep insight and love shine through his words.

Musical Highlight

Another highlight of the afternoon is the Andean musical group, *Tinkuy*, which in Quechua, the language of the Inkas, means "encounter with one's inner-self." *Tinkuy's* music is mainly instrumental and geared toward ceremonial and meditative songs which speak to the heart.

Andean music today is the product of centuries of cultural and ethnic intermixing from the area inhabited by the Inkas prior to European contact, including the highlands of Chile, Peru, Argentina, Ecuador, Bolivia and Columbia. *Tinkuy* has played together for about three years and will record its first CD by the end of the year.

Performers are: Ricardo Sanchez, who plays the Quena, an Andean flute, and the Sampoña, a Pam flute, Dave Hamilton on Bass Guitar, Ivan Sanchez, on Acoustic Guitar, and the Sampoña, and Margot Sanchez, plays a Drum, called a Bombo.

They will play: *Virgenes del Sol (Virgins of the Sun)* a traditional ceremonial song, *Hija del Sol (Daughter of the Sun)* by the Andes Cosmos Group, and *Ananau* by the Alborada Group.

Light refreshments will be provided after the ceremonies.

NSSC & SANCTA SOPHIA ...

(Continued from page 2)

The project may be an original publishable manuscript. (If the student's master's degree is awarded from Sancta Sophia, only one each of the

three trimesters of core curriculum is mandatory.) Sancta Sophia offers five Doctor's Degrees:

Doctor of Ministry - For ministers to enhance and refine their approach to ministry. Scholarly study, personal spiritual development, service to community, and an internship or project are key components of the program. A working relationship with a church or spiritual group is expected.

Doctor of Theology - For ministers to pursue in-depth study and research into issues of theology. Academic study emphasizes: 1) God Immanent, 2) God Transcendent, 3) the Mandala of God expressed exoterically. Prerequisite is a Master of Divinity or Theology from Sancta Sophia Seminary, or equivalent. A doctoral project or original manuscript within areas of theosophy complete the requirement.

Doctor of Philosophy in Religious Studies - study of Esoteric Christianity, Kabalah, and Agni Yoga. Focus is on examination, elucidation, and elaboration of the tradition of spiritual mystery. Degree graduates are prepared for teaching and work in other professions. Prerequisite is a background in the study of esoteric tradition.

Doctor of Philosophy in Spiritual Studies - study of mystical, metaphysical and esoteric traditions through the pathways of art, science, and spirituality. Focus is on examination, elucidation, and elaboration of the unfoldment of consciousness from instinct to illumination. Degree graduates are prepared for teaching and work in other professional fields.

Doctor of Philosophy in Holistic Wellness - study of the wellness of the holistic health of the body, mind, and spirit from an intuitive soul-centered approach through the pathways of natural healing techniques, counseling, meditation, and the relationship of the inner life to the outer. Focus is on the examination, elucidation, and elaboration of the unfoldment of soul (Continued on p. 6)

New Vision for NSSC

2nd Meeting: May 19th, 1-4 pm

On February 10th, fourteen people crowded the upstairs classroom to discuss ideas, create a flow of new energy, and to HOLD a New Vision for NSSC. Several who could not attend sent ideas by email.

The session was organized and intentional in it's concept and focus. Many positive, constructive ideas were offered, from website changes, creating shorter classes for credit at the NSSC School, to PR expansion and fund-raising ideas, and asking everyone, especially lecturers, to bring three+ guests with them to Sunday Services.

Action results from the meeting included volunteers to update the website, put together an NSSC Music Book for Lecturers and the congregation, answer phones on some week days, and clean out closets.

A comprehensive list of additional NSSC activities, (including length of time involved) has been drawn up to present to members at the May meeting for those who want to know where and how to be active. (Continued on p. 7)

NSSC & SANCTA SOPHIA ...

(Continued from page 5)

consciousness as the wellness of the physical, mental, and emotional bodies is changed by the Spirit-Within. Degree graduates are prepared to represent an holistic wellness approach in other professional fields. And are prepared to offer spiritual concepts of wellness for integration of body, mind, and spirit.

NSSC Transcripts

NSSC graduates must present fourth year ordination or graduation certificates to Sancta Sophia along with a transcript of their studies for acceptance. Because of changes in course content and textbooks over the past 37+ years, NSSC graduates need to provide the NSSC Board with syllabi from their four years of study so that an

accurate transcript can be provided of the academic history and textbooks covered during their eight semesters. Due to the time involved in preparing such a document, a charge is required.

More information

For more information contact the Sancta Sophia Outreach Director at 800-386-7161, visit the Sancta Sophia website www.sanctasophia.org, or email at information@sanctasophia.org.

IN THE FLOW WITH GOD

(Continued from page 4)

Again in *Lessons in Truth*, Emilie Cady says, *"Each man must sooner or later learn to stand alone with His God; nothing else will ever make you master of your own destiny."*

There is in your own indwelling Lord, all life and health, all the strength and peace and joy, all the wisdom and support that you can ever need or desire. No one can give to you as can this indwelling Father. He is the spring of all joy, comfort and power.

All joy and strength and good spring up from a fountain within one's own being. In this truth, we know that nothing that anyone says or does, or fails to do or say, can take away our joy and good."

As we embrace these truths, our consciousness is expanded and transformed. We recognize the metaphysical significance of what the scriptures advise: *"Do not be conformed to this world, but transformed by the renewal of your mind."*

In the flow of God, we are changed. Things are never the same. Whether you perceive the change as great or small, change has happened. Your spiritual labor has given birth – one holy instant at a time to a richer and better you.

[Article is from Rev. MacIntyre Hall's 10-1-06 Sunday Lecture at NSSC. Ordained in 1984, Rev. Mavelle received an NSSC charter the following year and moved to Miami, Florida. In 2005, she changed her Center's name to the

Golgotha Spiritual Oasis of Light and performs all of life's celebrations. She gives spiritual counseling, is an inspirational speaker, and conducts monthly Prayer and Meditation circles, and is also the Trainer Coordinator of the Chaplain Ministry at the Unity Center of Miami.

Rev. Marvelle served 15 years as an Assist. Attorney with Miami's U.S. Attorney's Office, and in 2006 became Director of the Law Center at Miami Dade College. Rev. Marvelle says she is looking forward to a "more active ministry," and that her "life continues to be a great journey!" We are very fortunate to have Rev. Marvelle active with us when she is in the DC area!]

Don't miss Rev. Marvelle's

Mother's Day Lecture

at NSSC, Sunday evening, May 13th, 6pm!

You are in for a special treat!

CREATING BALANCE ...

(Continued from page 3)

Balance, Flow and Change

Embrace the gift of letting go. This gift will move you forward in your life, giving you the balance you need in order to create room for the changes you want. There IS hope.

But YOU have to take the first steps for yourself by not hanging on to old, outmoded, worn out, past thoughts, hurts and stories of how you go to be where and who you are. It's time to create a new you by letting go and having the courage to begin again from right here ... right now!

There is a wonderful poem by the famous English author and poet, Rudyard Kipling, titled "IF" which offers a personal standard by which to live our lives. It has inspired me and affirmed my vision of who I was and could be when I needed it most - and I offer it to you. I took the liberty of adding one additional line at the end!

(See BOX on page 3.)

[Metaphysician, astrology master, and inspirational speaker, Rev. George also teaches the first year at the NSSC School of Spiritual Science. He is active as a wedding, funeral and baptism officiant, chairs the NSSC Outreach Committee and is the current President of the NSSC Board of Directors. This article was based on his 10-8-06 NSSC Sunday lecture.]

In Memory of Rev. Sophia “Tony” Yodis

Rev. Sophia “Tony” Yodis, age 81, made her transition on Feb. 26, 2007 at Mount Vernon nursing home in Alexandria, Virginia.

She was a native of Shenandoah, PA, and enjoyed a varied and rewarding career, ranging from the War Assets Administration in NYC and Washington, DC, six years in the chambers of Judge Nathan Cayton, Chief Judge of the Municipal Court of Appeals, to the US Information Agency where she served abroad in Calcutta, India. After retiring from the USIA, Rev. Sophia worked as a documentary film archivist and reviewer for 20 years. Over the years, Rev. Sophia and Judge Cayton became companions and remained so until his death in 1977. Rev. Sophia is survived by two brothers and a sister.

A life long student, “Rev. Tony,” as she was affectionately known to us, was ordained at NSSC in 1993, and later received a bachelor’s degree in psychology at age 72. She was a candidate for a master’s degree when she became ill in 2004. Rev. Tony was an amateur palm reader for many years, offering her services at block parties and psychic fairs. Rev. Tony served as one of our regular Psychic Readers on

NSSC’s Psychic Fridays and at other psychic fairs. She also lectured on Sunday evenings and led Full Moon services.

More recent NSSC graduates and students may remember her by the long, thick, blond-gray hair in a single braid down her back or rolled into a crown on top of her head, her ready laugh, and intelligent, twinkling eyes.

Rev. Tony’s name and memories were offered with honor and great affection at the **2007 NSSC Homegoing Service** on March 11.

(This information is from Rev. Tony’s *Washington Post* Obituary and NSSC friends.)

NSSC’s NEW VISION

(Continued from p. 6)

A daily seed thought meditation to summarize our guidelines, mission and studies was suggested and later created:

Meditate on this seed thought at least once a day, on the hour (e.g., 9am, 10 pm).

**Practice what we
teach.**

Many agreed that, despite the ebb and flow in membership and Sunday attendance, the Center is a nurturing, sustaining, and energizing HUB for the expansion and creativity of it’s ministers and graduates, who, when they leave, are well equipped to guide, teach, inspire, and perform the

meaningful ceremonies of life.

Others felt NSSC lives up to it’s purpose: *expanding personal consciousness and awareness*; and *guiding individuals into higher levels of spiritual activity*

Our graduates are quite active throughout the metropolitan area, teaching, speaking, healing, and expanding their own businesses, congregations and centers.

Most importantly, they possess a rich metaphysical and esoteric background, with a deep understanding and practice of the laws and esoteric meanings behind the spiritual and metaphysical issues discussed and widely disseminated today in books, on radio and television programs, and on tapes and CD’s.

As one minister said, *“Anybody can pick up a book off a shelf and read it, or take a workshop. Living the work and reading about the work are two different things. What we offer is a DISCIPLINE for the serious up and coming metaphysician. Now that is a powerful marketing point!”*

The next VISION meeting takes place on **Saturday, May 19th**, from **1-4pm at NSSC**. Please be on time. Bring your intentions, ideas and positive energy. See you there!

SUNDAY Healing Services - 5:00 - 5:45 pm Worship Services - 6:00 - 7:30 pm

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| Sunday April 29 WESAK | The Buddha as the expression of the wisdom of God. Celebrant, Rev. Zora P. Baker. |
| Wed., May 2 | 7pm, Full Moon Meditation, led by Rev. Kathryn Gibson. |
| Sunday May 6 | Rev. Jim Webb, Takoma Chapel; Channeled student lecture by Ms. Carolyn Guzman. |
| Sunday May 13 | MOTHER’S DAY Tribute, Rev. Marvella MacIntyre Hall. |

NSSC EVENT CALENDAR

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| Wed., May 16 | 7pm, New Moon Meditation, led by Rev. George Quillet. |
| Friday, May 18 | Open Reiki Circle, 7pm led by Reiki Master, Rev. Zuri Nia. |
| Saturday May 19 | New Future for NSSC, second meeting, 1-4 pm |
| Sunday May 20 | Hear Rev. Bonnie Berger speak! |
| Sunday May 27 | Memorial Day Weekend led by Rev. Kelli Jareaux! |
| Sunday June 3 | Celebrant, Rev. Hope McNew! |

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| Sunday June 10 | NSSC School of Spiritual Science Ceremonies! ! |
| Friday June 15 | Open Reiki Circle, 7pm led by Reiki Master, Zuri Nia. |
| Sunday, June 17 | Celebrate Father’s Day with Rev. Zuri Nia. |
| Saturday June 23 | NSSC Whole-istic Living Fair, 11am – 5pm. (See p. 2) |
| Sunday June 24 | Summer Solstice celebration led by Rev. Zora P. Baker |
| Sunday July 1 | Celebrant, Rev. April D. Snell! |

**THE NATIONAL SPIRITUAL SCIENCE CENTER . . . A CENTER OF LIGHT, LOVE, AND LEARNING
SPRING, 2007**

SUNDAY EVENING SERVICES:

All services begin on time.

5:00 - 5:45 pm, Healing Service -

Spiritual healing, balancing and alignment of body, mind, and spirit are channeled by Center ministers and advanced students.

6:00 - 7:00 pm, Worship Service -

Healing Prayer, followed by channeled or inspired commentary relevant to today's lifestyles. Service ends with practical, inspired messages from Spirit.

LOCATION: 1325 Fern St., N.W., Wash. DC 202-723-4510. North of Walter Reed Medical Center; ½ block east of Alaska Ave., and 3 blocks west of Georgia Ave. Take S2 bus from Silver Spring to Alaska Ave. & Fern St.

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that roses have thorns,
others rejoice
that thorns have roses!***

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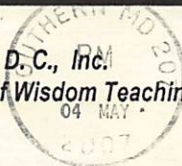
Rev. Kathryn D. Gibson, Dr. Ellen Anderson,
Rev. Zora P. Baker, Rev. Barbara J. Bowen,
Rev. Cornelia J. Jones, and Rev. George R. Quillet

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